

The aim of this research To recognize the impact of the dominant eye training on Some Visual And Skilful Variables in Handball. The researcher use heuristic research sample consisted of tow group of intentional (15) Player from physical education college students participating in the Minia University College team to play volleyball for the academic year 2008/2009, Application of Visual training programme proposed for the dominant eye for eight weeks, The results showed that visual training programme proposed for the dominant eye is having a positive impact on the hand and foot speed response (dominant/non dominant), although differences between percentages percentage improvement of hand and foot speed response (dominant/non dominant) For the dominant hand and foot. One of the most important recommendations The need for attention to Visual exercises for both dominant or non dominant eye in light of the nature and pattern of (Uncrossed, Crossed) domination for their impact on performance. * Associate professor in Department of Team Sport and Racket games, Faculty of physical Education, Minia University.

